

Dear Parents and Carers,

We are writing to inform you about proposed updates to our school's **Relationships, Sex Education (RSE) and Personal, Social, Health and Economic (PSHE) education policy**, following the latest guidance published by the Department for Education (DfE) in 2025.

As part of our commitment to providing a high-quality, age-appropriate curriculum that supports pupils' wellbeing and personal development, we regularly review our policies and curriculum content. In response to the updated DfE guidance, we have reviewed our current provision and made revisions to ensure that our teaching remains clear, safe, and appropriate for all pupils.

Our PSHE and RSE Curriculum

Our school delivers PSHE and RSE through the **Kapow Primary Scheme of Work**. This scheme provides a structured and progressive programme that supports pupils in developing knowledge and skills in areas such as:

- Building and maintaining positive relationships
- Understanding physical and emotional changes as they grow
- Personal safety, including online safety
- Health, wellbeing and self-care
- Respect, empathy and inclusion

All lessons are designed to be **age-appropriate, inclusive and sensitive**, and are taught in a way that encourages respectful discussion and supports pupils' understanding of the world around them.

Policy Updates

The revised policy reflects the updated DfE expectations and includes:

- Clear guidance on **what pupils will learn at each stage of their education**
- A continued emphasis on **safeguarding, wellbeing and healthy relationships**
- Information about **parental rights and curriculum transparency**
- Details of how the school ensures teaching is **age-appropriate and respectful of all families**

Parent Consultation

We value the views of our parents and carers and would welcome your feedback on the **revised RSE and PSHE policy**, which is attached to this email.

If you would like to share your comments or ask any questions, please:

- Email the Headteacher at headteacher@worth.kent.sch.uk, or
- Return any written feedback to the Headteacher by 30/04/2026

Following the consultation period, the governing body and Headteacher will review all feedback before the policy is finalised and implemented.

Further Information

If you would like to discuss the curriculum or see examples of the resources used within the Kapow scheme, please contact the school office and we would be happy to arrange a conversation.

Information can be found: <https://www.kapowprimary.com/subjects/rse-pshe/curriculum/rse-pshe-parent-information/>

Thank you for your continued support in helping us provide a safe, supportive and informative education for all of our pupils.

Yours sincerely,



Katy Chance

Headteacher